

Bruins Bootcamp

Wednesday May 4



Register
Now!



Win prizes, connect with classmates, and get ready for the spring term at Bruins Bootcamp. Be your own Bruin and attend the workshops and events you choose!

Schedule Overview

8:30 A.M. - 9:00 A.M.	Rise and Shine Sheridan!
9:00 A.M. - 10:00 A.M.	Welcome/Welcome Back Kick Off
10:00 A.M. - 10:30 A.M.	Frequently Asked Questions Session
10:30 A.M. - 12:00 P.M.	Session Block 1
12:00 A.M. - 12:15 P.M.	Body Break and Prize Time
12:00 P.M. - 1:00 P.M.	Lunch and Lead Networking Marketplace
1:00 P.M. - 2:00 P.M.	Session Block 2
2:00 P.M. - 2:45 P.M.	Session Block 3
2:45 P.M. - 3:00 P.M.	Body Break and Prize Time
3:00 P.M. - 4:30 P.M.	Session Block 4
4:30 P.M.	Bruin of the Day Announced!

- ? Have questions? Our Student Advisors will be in the event Q&A from 9 A.M.-4 P.M. to answer your questions!
- ▶ All sessions will be recorded and available to watch after the event. Recordings will be posted on the New Student Orientation page.
- CC The Kick-off event will be closed-captioned. If you require other sessions in an accessible format, please contact studentsuccess@sheridancollege.ca.

Bruins Bootcamp

Workshops & Event Descriptions



Register
Now!



Not sure what to attend?
Look for these symbols for our
recommendations:

-  First- year Students
-  Upper-year Students
-  International Students
-  Social Event
-  Wellness
-  Academics

Rise & Shine



Start the day off by Bruin up a healthy routine of mindfulness, movement, and more! **8:30 A.M. - 9:00 A.M.**

Welcome/ Welcome Back Kick Off



Join our Kick Off event where we welcome you (back) to Sheridan! We can't wait to see you (virtually), give away some prizes, and help you get excited for the winter term!

9:00 A.M. - 10:00 A.M.

FAQ Session



Do you have questions about Sheridan? Our team of advisors will be sharing the answers to our most frequently asked questions!

10:00 A.M. - 10:30 A.M.

Session Block 1

Study/Work Permit Regulations & Quarantine Planning

Find out what you need to know to study and work in Canada including permit regulations, how to find work, the Canadian culture, how to prepare for your quarantine, and more!



10:30 A.M. - 12:00 P.M.

Adult Learners & Transfer Students

Are you returning to school? Have you already completed post-secondary studies somewhere else? Attend this session to hear tips for returning to school after time away and get information on transferring credits.



10:30 A.M. - 11:30 A.M.

Body Break



Stretch, grab a snack, and take a quick body break. Join us on the Stage for a body break activity hosted by our Athletics team. We'll also be giving away a prize so be sure to join!

12:00 P.M. - 12:15 P.M.

Lunch and Lead : What is a Student Leader?

In this session, a panel of student leaders from the Sheridan Student Union and the Student Leadership and Development Team explore what it means to be a leader. They will share what motivated them to get involved, misconceptions they held about leadership, and what they've learned from being a leader.

12:00 P.M. - 1:00 P.M.

Networking



Meet new people and make friends during the Networking event. Hopin will automatically pair you for a 3-minute video chat with other students, staff, and faculty. We can't wait to chat with you!

12:00 P.M. - 1:00 P.M.

Marketplace



Want to make the most of your Sheridan experience? Learn about Sheridan supports and services at the Marketplace!

12:00 P.M. - 1:00 P.M.

Session Block 2

Accessing Supports

We're here for you! Find out what supports and services are available at Sheridan, what each can do for you, and how you can access them.



1:00 P.M. - 2:00 P.M.

What to Expect for Learning

Find out what you need to know for learning at Sheridan from faculty, staff, and upper-year students including tips for how to learn online or in-person, and understand what is expected of you as a Sheridan student.



1:00 P.M. - 2:00 P.M.

Housing Help

Lean about on-campus and off-campus housing options in the Sheridan communities of Brampton, Oakville, and Mississauga. Find out tips that will help you in your housing search.



1:00 P.M. - 2:00 P.M.

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Session Block 3

Setting Yourself up for Academic Success

Get the inside scoop on how to prepare for classes such as how to manage your time, connect with professors, study, and make this year a success.



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2:00 P.M. - 2:45 P.M.

Your Program, Jobs, and Your Career

Learn how to explore careers that connect to your program, how to gain relevant experience, and how to find work while studying at Sheridan.



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2:00 P.M. - 2:45 P.M.

Coming to Campus

Find out everything you need to know about accessing campus safely and what will happen during your first couple of weeks on campus.



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2:00P.M. - 2:45 P.M.

Session Block 4

Budget, Academic Awards, & Scholarships

Learn about the money available to students through awards, your fee payment options, how to apply for OSAP, and advice for managing your money.

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3:00 P.M. - 4:30 P.M.

Getting Online

Get familiar with SLATE, the online system that all classes at Sheridan use. You'll also learn about the other online platforms that you need to know as a Sheridan student such as myOTR, Sheridan Central, and the Library.

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3:00 P.M. - 4:30 P.M.

Getting Involved

Make the most of your Sheridan life! Discover how to get involved and have fun through Athletics, Sheridan Student Union (SSU), Student Leadership, Co-Curricular Record, and more!

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3:00 P.M. - 4:00 P.M.

Not sure what to attend?
Look for these symbols for our recommendations:

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First- year Students



International Students



Wellness

+

Upper-year Students



Social Event



Academics



Bruin of the Day!

At the end of the day, we'll select one Bruin of the Day to win a **prize!** The Bruin of the Day is the student who participates and shows great Sheridan spirit.

We'll also be randomly selecting prize winners throughout Bootcamp.

Attend Bruins Bootcamp for your chance to win!